



# FRUIT OF THE SPIRIT

TEACHING TOOL | LESSON 5

## SLAPSTICK THEATER – PAUL’S LETTER ABOUT SELF-CONTROL

WHAT I DO

WHAT I SAY

*Show Paul stick.*

This is Paul. Paul told many people about Jesus in many places. Paul also wrote letters to the churches that he had once visited.

*Show Paul and letter stick.*

In Paul’s first letter to the Corinthians, he wrote to them about a discipline.

*Remove Paul and letter stick  
- show Runner stick.*

He said “Don’t you realize that in a race everyone runs, but only one person gets the prize?”

*Show Prize stick.*

Run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize.

*Remove Prize and Runner sticks.*

*Show Paul Athlete stick.*

So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.”

*Remove Paul Athlete stick.*

*Show Paul and Letter stick.*

Paul wrote many more things to the Corinthians in his letters. He continued to encourage them and help keep them on track as they learned about God.

The End.

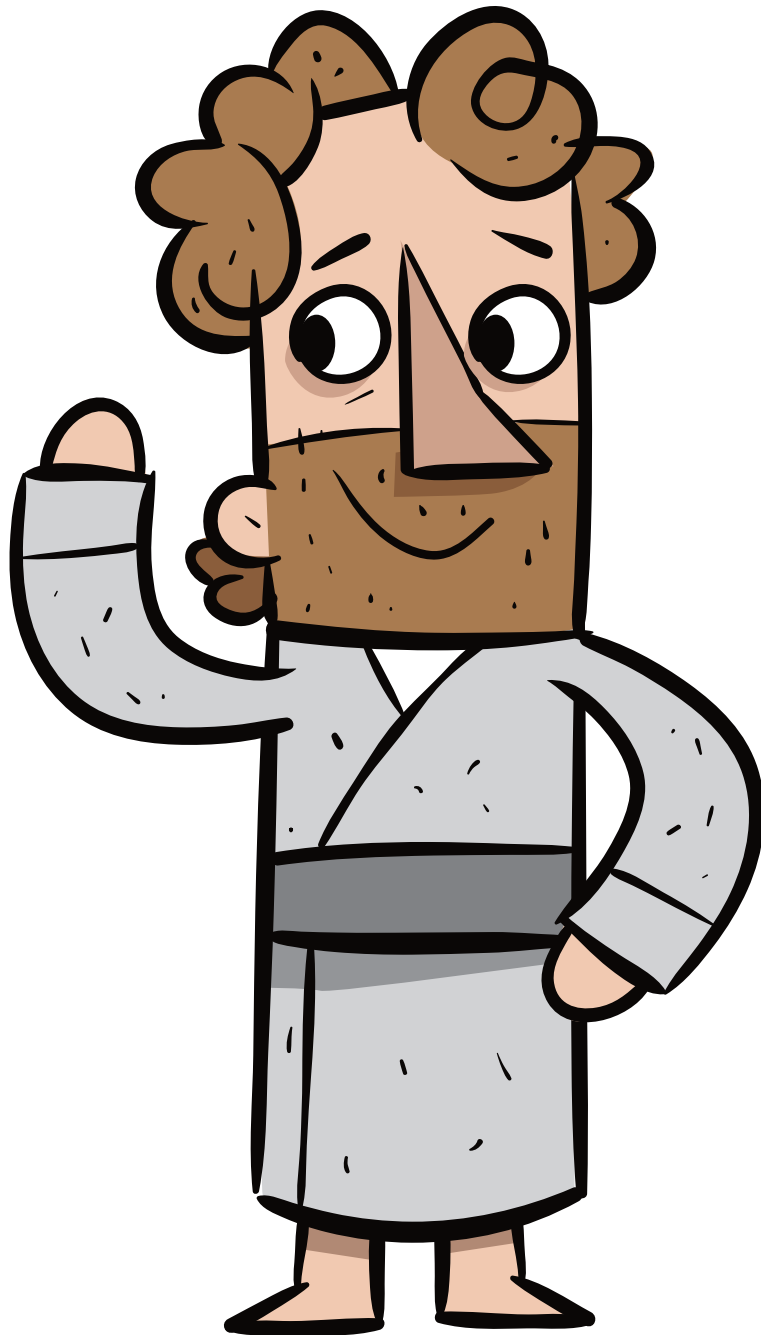
In the letter we read today, Paul talked about having self-control. Self-control means that we have the ability to control our thoughts, actions and feelings. When we get upset or angry, we can choose to take time to stop and pray instead of yelling or screaming. We all struggle

with temptation and sin, but we can remember to have self-control – just like Paul!

You all did such a great job listening! Now it is time for us to go over some questions so we can learn more about our Bible story.

1. Who wrote the letter in our Bible story?
2. What did Paul talk about in his letter?
3. How can we have self-control when we are angry?

PAUL



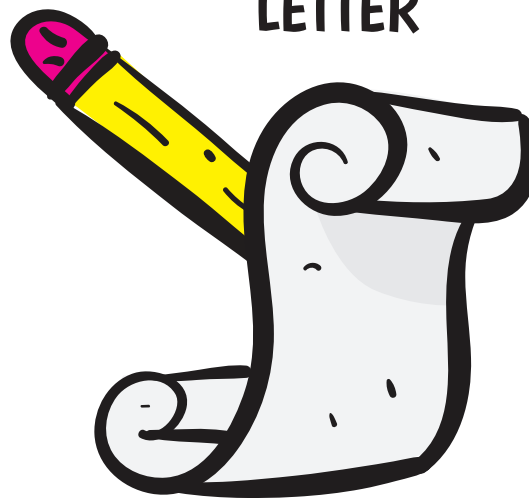
PAUL ATHLETE



RUNNER



LETTER



PRIZE





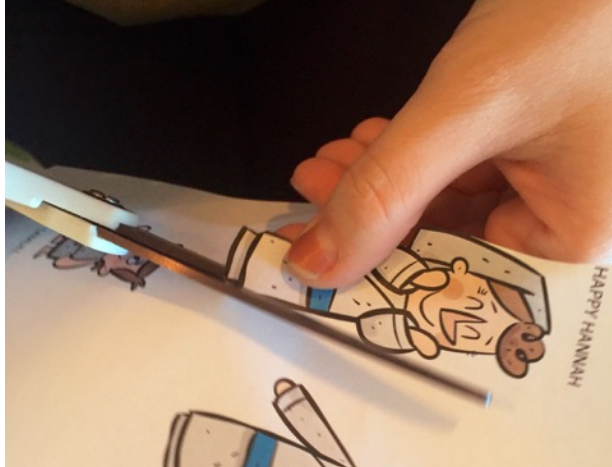
# STEP 1 - BUY

1. Popsicle sticks
2. Glue stick
3. Scotch tape
4. A fine tip sharpie
5. Scissors



# STEP 2 - PRINT

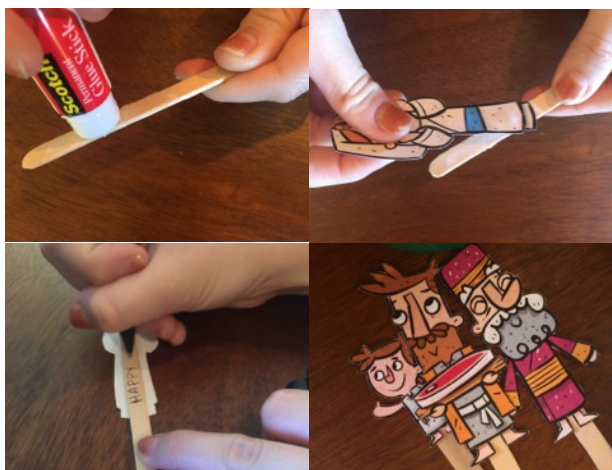
Print all the sticks art PDFs on a 8.5X11 sheet of white card stock



# STEP 3 - CUT

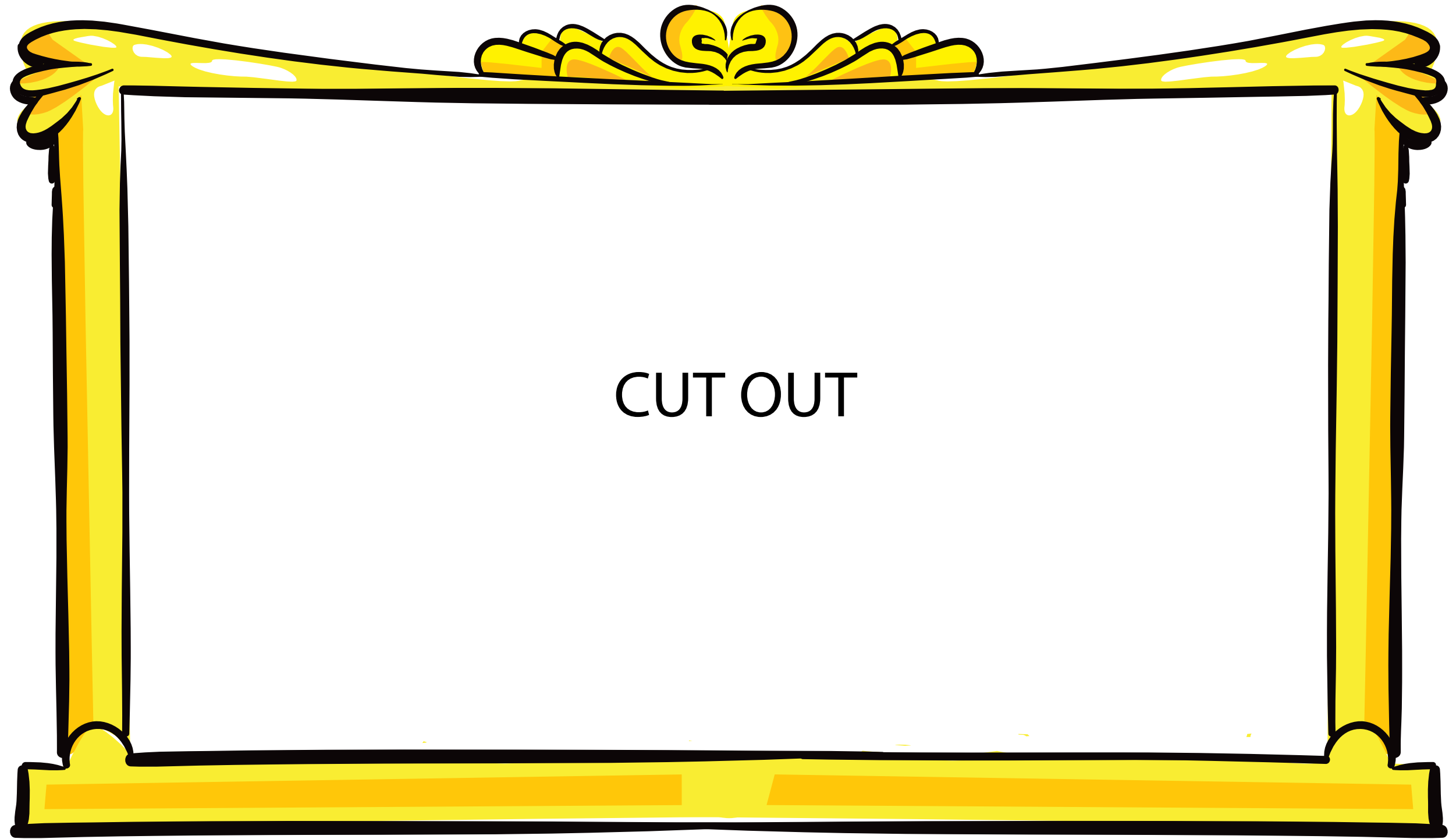
Cut all the art out just outside the black outline

PRO-TIP: There are some duplicate characters from lesson to lesson. If this is the case, only make one character and use it on multiple weeks.



# STEP 4 - GLUE

1. Glue each character on a separate stick
2. Label each character on the back of the stick for quick identifiability
3. Tape the stick off for extra support



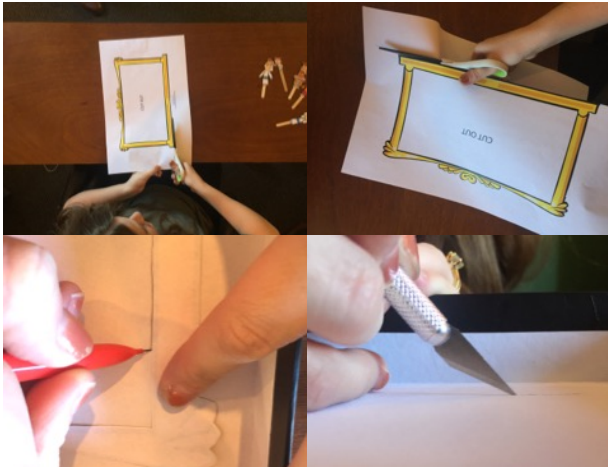
THEATER BOX ART  
CUT OUTSIDE THE BLACK OUTLINE



# STEP 1 - BUY

Buy a 12X12 black photo box

<http://www.hobbylobby.com/Scrapbook-Paper-Crafts/Storage-Organization/12-x-12-Black-Storage-Box/p/20550>



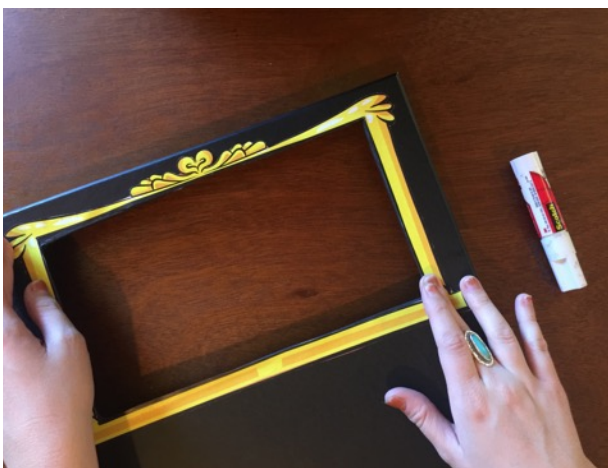
# STEP 2 - CUT

1. Cut out the theater art (print on 11/17 paper for correct sizing)
2. Put the cut out art inside the box top and trace the opening
3. Cut out the opening with an exact-o knife



# STEP 3 - TAPE

Tape off the edges of the opening with black tape



# STEP 4 - GLUE

Glue on the art around the opening on the outside of the box

PRO-TIP: put velcro on the outside of the box where the boxtop will open up so it'll stay open while using