



FIZZY PRAYERS

Supplies: Alka-Seltzer tablets, clear container, water, paper towels, and food coloring (optional)

Directions:

1. Sit together and pour water into clear container.
2. Drop one tablet into the water.

TALKING POINTS

Get together and talk about how this activity helps us think about this week's Bible story and prayer.

- What did you notice about the reaction when the tablet and water mixed? How did it make you feel watching the tablet fizz?
- There was definitely a lot happening with one tablet mixed with water, which can be pretty exciting. And you know, God gets excited when we pray. When we talk to Him, we are including Him in our lives. He loves us so much and He wants to be a part of our lives.
- Break up more tablets and take turns dropping in the pieces. As you do, take turns praying. You can pray out loud or quietly.
- After you've finished praying, sit quietly together and listen. You should be able to hear the fizzing noise in action.
- God is kind and caring and He never forces us to do anything. When we take the time to talk to him and get to know him more and more, we can trust him more and more, just like Daniel from today's Bible story. He loves you so much and wants you to take time to talk to Him every day.