
S.M.A.R.T. WRITING GOALS WORKSHEET

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Establishing goals is the first step to accomplishing them. Start 2020 off right by setting your writing goals for the year. Begin by choosing goals that are Specific, Measurable, Actionable, Realistic, and Time-Bound, or S.M.A.R.T.

SPECIFIC—List 3 to 5 specific goals:

Exactly what do you want to accomplish? State this in as specific a manner as possible. For example, don't set a broad goal of writing a screenplay. Instead be more specific, stating, "To outline a script, complete with character descriptions."

GOAL 1: _____

GOAL 2: _____

GOAL 3: _____

GOAL 4: _____

GOAL 5: _____

MEASURABLE—Write down what is measurable about your goals:

Using our goal example above of writing a screenplay, you could set a goal of writing five pages a day.

GOAL 1: _____

GOAL 2: _____

GOAL 3: _____

GOAL 4: _____

GOAL 5: _____

ACTIONABLE—List actionable items, written using action verbs:
For example, don't say, "Be more consistent with my writing schedule." Instead state, "Block out an hour a day to write."

GOAL 1: _____

GOAL 2: _____

GOAL 3: _____

GOAL 4: _____

GOAL 5: _____

REALISTIC—Make sure your goals are realistic, but also push you just past your comfort zone:
If you aren't realistic, you can easily feel defeated. But if you set goals with the bar too low, then there's no motivation to push yourself. Think *big* and make yourself accountable.

GOAL 1: _____

S.M.A.R.T. Writing Goals

GOAL 2: _____

GOAL 3: _____

GOAL 4: _____

GOAL 5: _____

TIME-BOUND—When do you want to accomplish your goal?

Setting a deadline can be very motivating. It can be a year-end goal, or one that you want to accomplish in just weeks.

GOAL 1: _____

GOAL 2: _____

GOAL 3: _____

GOAL 4: _____

GOAL 5: _____

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